SDG 3-Good Health and Well-being

Report 2023

SDG 3 aims to ensure healthy lives and promote well-being for all at all ages. Ziauddin University is deeply committed to improving public health and providing quality healthcare through its various programs.

- **Healthcare Services and Medical Education:** Ziauddin University is affiliated with Ziauddin Hospitals, which provide comprehensive healthcare services to students, staff, and the wider community. This includes routine check-ups, vaccinations, and specialized medical care.

- **Mental Health Support:** Recognizing the importance of mental health, the university has established counseling and mental health support services for students and faculty. These initiatives help in creating a supportive environment to reduce stress and improve well-being.

- **Health Awareness Campaigns:** Through collaborations with healthcare organizations and awareness programs, the university educates students, staff, and local communities about key health issues, including mental health, prevention of diseases, and wellness practices.

- **Research in Healthcare:** Ziauddin encourages research on public health, medical sciences, and healthcare innovations to contribute to the improvement of community health, particularly focusing on health disparities in the region.

Key Achievements:

- Improved access to mental health resources for students and faculty.

- Partnership with health organizations for community wellness initiatives.

- Research contributions in public health and medicine.