

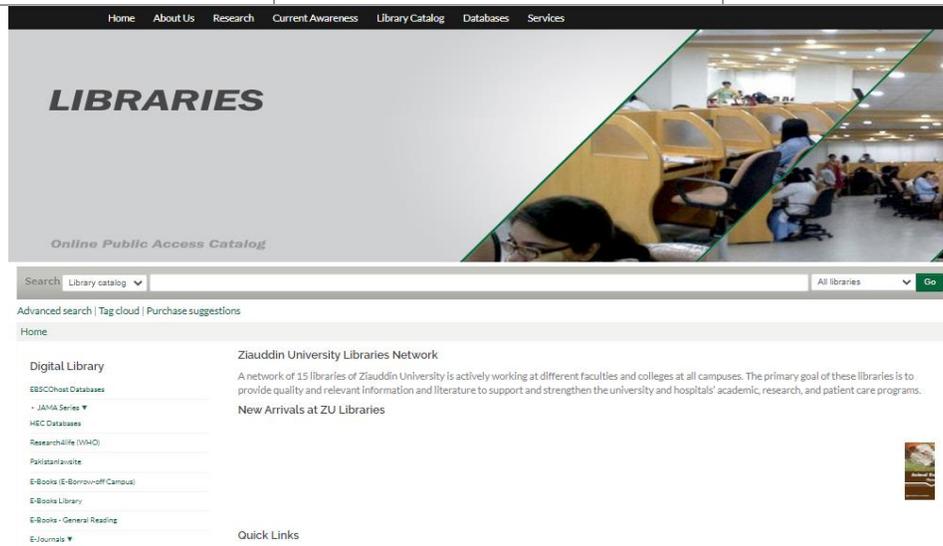


## SDG 4: QUALITY EDUCATION

- **Free access to educational resources for general University:**

The university library is open for all, anyone can access the library resources. and E-Library.

ZU also arranged awareness sessions, webinars, social media Live sessions, Radio shows, Online Parent training series etc. for general public. Anyone can attend these free of cost. The digitalization of our university's library is a truly innovative initiative with a profound impact on sustainability, energy conservation, and climate change mitigation. By transitioning to a digital library, we significantly reduce our reliance on physical resources, thereby conserving energy and reducing our carbon footprint associated with printing, transportation, and paper production. This forward-thinking approach not only enhances resource efficiency but also enables remote access to educational materials, reducing the need for travel and lowering greenhouse gas emissions. It contributes to a more sustainable future by aligning our institution with the principles of energy efficiency and environmental stewardship, making it a vital component of our commitment to addressing climate change and fostering sustainability in the academic community.





- **Educational Events host at University for Community & General Public:**

- **ZU FM 98.2 for Live Awareness Session**

Ziauddin University has its own FM channel that hosts different educational programs and live awareness session that are for general public. Some of them are mentioned below.



- **Ziauddin University Debating Competition**

ZU also arranges debating competition each year for students from all over the country to exhibit their oratorical skills and showcase diverse skills. Like every year ZU had also arranged their 13th ZUDC on 18-20 February 2022 for preliminary debates at the Ziauddin University, Clifton campus. More than 90 debaters from 20 different teams, ranging from O-Level institutes to universities participated this year. Over the course of three days, students had the opportunity to showcase and refine their debating skills, forge friendships and compete for the esteemed ZUDC trophy.





- **Educational Outreach Activities host by Ziauddin University for Local Community:**

Ziauddin University serve local community with different educational outreach activities to spread awareness among the people. In 2022, ZU arranged each year more educational outreach activities including training and awareness sessions, workshops, health screening and health awareness sessions and training with local community, private schools, parents, private school teachers and on online platform for all.

## 1. Adult Literacy Program

There are 5 small setup schools/gatherings in which qualified teachers are hired from the community to teach them 5 days a week for 1 year at the end of which assessments are taken. Subjects taught are English and Urdu languages and Mathematics basic level.



## 2. Awareness Session:

Community/ school sessions at Sikander Abad on awareness of hand wash/hygiene, balanced healthy diet, breast feeding, contraception and iron deficiency are done on and off in the nearby schools and community gatherings.



## 3. Teachers Training Workshop at Dawood Public School

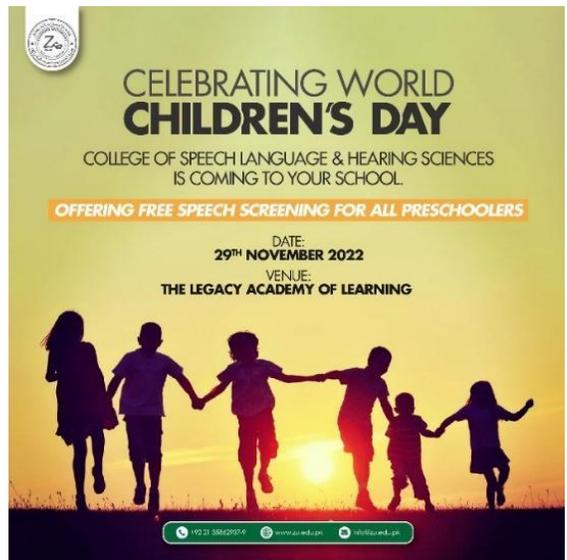
On 20<sup>th</sup> October 2022, Ziauddin University College of Speech Language and Hearing Sciences conducted a teacher's training workshop on Picture Exchange Communication System at Dawood Public school. The aim of this workshop is to train parents to learn intentional and functional communication to understand their children's wants and needs through behavior analysis.



#### 4. Free Speech Screening at The Legacy Academy of Learning

On 29<sup>th</sup> November 2022, Ziauddin University College of Speech Language and Hearing Sciences celebrated WORLD CHILDREN'S DAY at The Legacy Academy of Learning and offered free of cost screening of speech and language skills of toddlers and preschoolers ranging 1 years to 5 years of age.

The speech and language screening allows a speech-language pathologist to observe the child's language understanding and use, production of speech sounds, vocal and nasal quality, and social language skills. Early screening of speech and language helps in identifying red flags and helps in providing early intervention to kids.





## 5. Parent Training Series:

Ziauddin University College of Speech Language and Hearing Sciences conducted live sessions on Facebook for the parents aged between 1 year to 12 years. Through this parent training series speech language Therapist educated the parents to understand their child behavior and interact with your child using different language therapist skills. Parent training series on different topics, which are as follows:

26-03-2022	Parent Training Session: Early Intervention for kids with Hearing Loss
26-05-2022	Parent Training Session: Understanding Dysfluency
30-06-2022	Parent Training Session: Red Flags for SLP Disorder
5-08-2022	Management of Amplification Devices
22-11-2022	How to interact with your child

## 6. Child Nutrition Camp

The child nutrition camp took place on Saturday, June 25 2022 between 10 am-2 pm with the aim to educate mothers of children (aged 6 months to 5 years) about how to best deal with common illnesses their children may have. The topics chosen for this camp were diarrhea and dehydration, two very common ailments in children of this age group. The camp was held at Sikanderabad and was organized by the Ziauddin University Student Council CCA wing. 25-30 MBBS students were recruited for this camp. Volunteer sign-up forms were posted in the batch WhatsApp groups. They were then divided into 2 groups, presenters (who would be giving the presentations on the day), and designers (who would make the posters to complement the presentations).

A talk by Dr. Shahzaib M. Khan (M.D, USA), a Ziauddin University alumnus, who currently works as a Pediatric Consultant at Dr. Ziauddin hospital, Clifton. The talk was given in Urdu, and translated into Pashto by two of our volunteers. Dr. Shahzeb explained the topics in detail to the local mothers who listened attentively whilst our volunteers took care of their children. He also spoke about age-appropriate nutrition in children and answered all their questions. After this, the volunteers addressed small groups of the mothers and reiterated the information Dr. Shahzeb provided in his talks. They then distributed the care packages (ORS sachets, Lysovit Syrup, and Calcium tablets) to the mothers and clearly explained the dosages and uses for the contents of the packages.





## 7. Tropical and Communicable Diseases Teaching at Hospital Facility

Ziauddin University Faculty of Nursing & Midwifery organized a project for nursing students on the subject of Tropical and Communicable Diseases, which took place in March-April 2022. In which they went to different hospitals and teach the people about ten common diseases which can be very leading and dangerous for them. They made all the arrangements for the community and made beautiful and useful teaching aids and models for their education that could guide them in their learning process. The children have been visiting Ziauddin Hospital in Clifton and Kemari.



## 8. Community Visit Hyderabad

ZUFONAM in collaboration with KONPAL organization arranged a visit to the Hyderabad district at Long Khosso goth on December 10th, 2022, where the doctors were also part of the community visit team. BSN students get the benefit to learn new things, promoting preventive measures, raising community awareness, and providing encouragement to inspire others toward a better life.

Many of the residents of Long khosoo village are uneducated and lack sufficient self-awareness. The students set up all of their charts and posters before beginning their presentation to raise awareness of issues including early marriages, drug addiction, hypertension, and women's and children's care. To thoroughly communicate messages to the public, students were divided into small groups. As students interacted with them, they also provided positive, even outstanding feedback to us and pledged to keep the preventive measures they had given us in mind.

More of these educational sessions that also improve the lives of our cherished surrenders should be organized to benefit students' learning.





## 9. Children's Day celebration with community

On 20th November 2022, the College of Speech Language and Hearing Sciences in collaboration with Speech and Hearing Association of Pakistan carried out activities at three different places.

Our faculty members Fatima Yousuf, Rabbiah Sohail and Sonia Shah visited the Kiran Foundation and carried out an awareness session for its teachers. They talked about speech and language disorders, red flags that children may present with in class, and how to identify and refer to kids who may need speech therapy. They also highlighted the need for inclusive education here in Pakistan and discussed the factors that make up an inclusive setting.



Our first-year students later accompanied faculty members Fatima Yousuf, Samreen Zubair, Mehek Altaf and Taleah Tariq to Sirat ul Jannah orphanage. They engaged the children in games including passing the pillow and origami. It was time well spent, the visitors felt inspired by how spirited the little ones are, the children enjoyed fully, and received goodie bags as tokens of appreciation.

## 10. Teacher Training Session at The Aga Khan School

Teachers training session was conducted by The College of Speech, Language and Hearing sciences on 8th November 2022 at The Aga Khan School. MS-SLP Batch-03 prepared an awareness session on speech language concerns that need to be observed and considered in pre-school years to facilitate early diagnosis and intervention. Teachers were encouraged to discuss cases and common challenges they face while working with a child who needs extra assistance. Management strategies were discussed that would help them to plan their academic activities accordingly. They were asked to counsel parents and make important referrals for the child if needed.





## 11. ZCRS and Nixor College's Project Tandurusti

On 1st January 2022 Ziauddin College of Rehabilitation Sciences – Department of Occupational Therapy and Department of Physical Education, Health and Sport Sciences collaborated with Nixor College on Project Tandurusti. The objective of the mutual efforts was to improve the well-being of students from The Garage School for underprivileged children. The day started with sensory zumba followed by a treasure hunt. There were a total of 9 activities that targeted psychological, psychosocial and mental wellbeing. After an hour of energetic sensory workout, students were engaged in competitive sports activities that included sprint, quadrant jumping, drop and catch. The session ended with mindful breathing. The Nixor college management and students enjoyed and appreciated the activities.



## 12. Capacity Building Training Session for Health Professional and Local Community Members

ZUFONAM organized a Capacity Building Training session for Health Professionals and local community members of Moosa Colony, Union Council 35, District Central Karachi on November 21st, 2022. The session emphasizes Social Responsibility, Understanding Community Behaviour and needs, Methods of an effective survey, and Community engagement sessions that aim to address community notable & health professionals how to overcome their community challenges through collective efforts through sustainable goals under the great knowledge and guidance of Ms. Kousar S.K. Khan with extended support of Dr. Pamela Marshal, Dean Faculty of Nursing and Midwifery, Ziauddin University.

- **Does your university as a body have a policy that ensures that access to these activities is accessible to all, regardless of ethnicity, religion, disability, immigration status or gender?**

It is published in ZU Code book and ZU Act 1995, Chapter 2 Section 4, Heading University Open to All, Page No.5.

"The University shall be open to all persons of either sex of whatever religion, race, creed, colour or domicile who are academically qualified for admission to the course of study offered by the University and no such person shall be denied the privileges on the ground only of sex, religion, creed, race, class or color of domicile."