



SDG 1: NO POVERTY

Low-income student support

Ziauddin University Claims to achieve sustainable goals in all their activities therefore, University plays their role to provide monetary support to their students to decrease their parents burden on other facilities such as food and transportation. Through this ZU claims to achieved SDG 1 No poverty objectives.

- **Subsidized Meal Offer:**

Food plays an important role in the overall health of individuals and food safety is essential for all institutions where food is prepared, stored and distributed to others. ZU have a greater responsibility in this aspect as they prepare food in bulk and cater to all sorts of hygiene and safety needs. All departments of Dr. Ziauddin Hospital and university strive to reach international standards of quality and the Nutrition and Food Services is no different. Their commitment to food safety was put to the test when officials from Sindh Food Authority visited the Nutrition & Food Service Department (NFSD) of Clifton Campus in December 2019 to inspect facilities and ensure all aspects of the food preparation are in compliance with standards of Sindh Food Authorities. Also, the meal is provided in the reasonable rate then the other institutions. Subsidized meal is also offered to faculty, lower income class staffs and house job officers to meet their requirements.

- **Outside the Campus: Free of Cost Shuttles Available for Students Daily Commute to University**

Ziauddin University pledged to become Poverty and carbon free therefore it provides regular and free shuttle bus service from different areas of Karachi to Ziauddin University Link Road Site Educational City, Karachi. The ZU **Shuttle service is available free** for all the staff, students and faculty. The objectives of these free of cost shuttles are to minimize the use of private vehicles, optimization of the parking spaces, support low-income student and staff and reducing carbon emission.

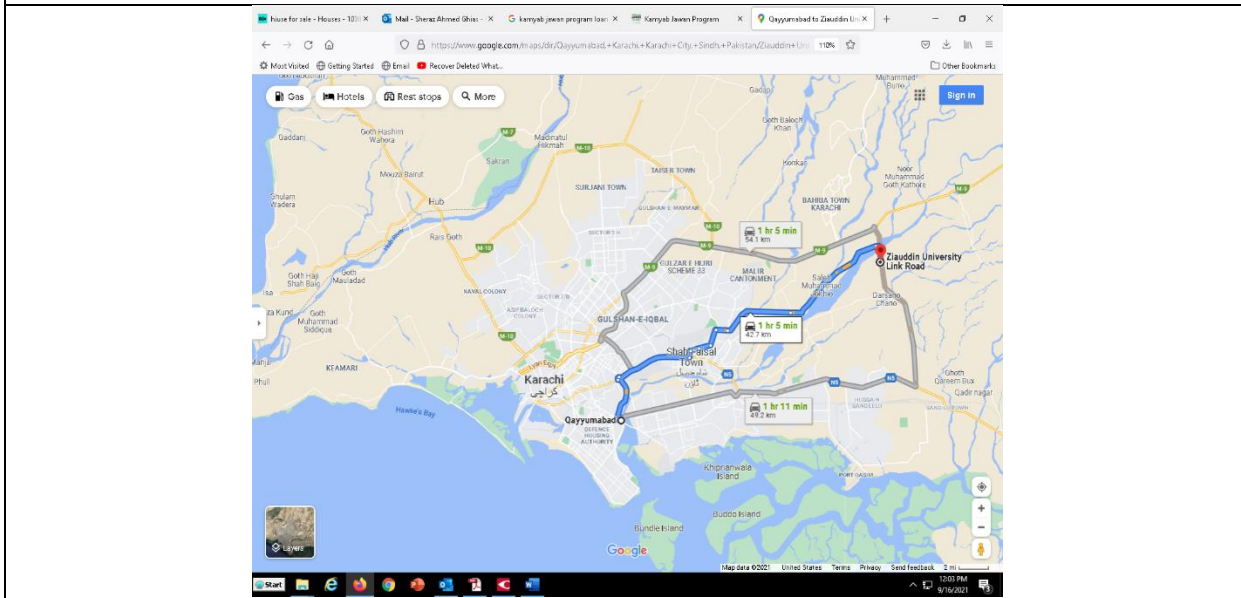
- Each year the university is increasing their shuttles to accommodate maximum people on buses and reduce maximum private cars for their travel to university. Approximately, **38 Shuttle buses** are operating including Hiace, Coaches and Coasters. There are **multiple Pickup Points within the city** for the feasibility of faculty & students such as Qayummabad, Clifton, North Nazimabad, Kemari, PIDC, Garden, Liaquatabad, Gulistan-e-johar and Baldia etc.. Each Shuttle is fully equipped with passengers on a daily basis therefore, the average passenger would be in Hiace 12 Passengers, in Coach 52 and in coaster maximum 30. Each shuttle takes **1 trip each day** according to the students' classes schedule which is **8:50 Time in and 3:30 Time Out**. The shuttle In and Out time is also **fixed** as per students' classes schedule. Pick up Times may vary according to the locality and mile distance from the campus. These 38 shuttles accommodate approximately **1500+** students per trip which means an average reduction of **300+** private vehicles.



Example of Outside the campus Free of cost shuttle services available for students and staff's daily commute from their nearby areas to Ziauddin University Link Road site

ZIAUDDIN UNIVERSITY				
SHUTTLE TIMETABLE				
SNO.	PICK UP POINT	DROP OFF POINT	TIME IN	TIME OUT
1	CLIFTON	LINK ROAD	8:50 AM	3:30 PM
2	QAYUMABAD	LINK ROAD	8:50AM	3:30PM
3	KEMARI	LINK ROAD	8:50AM	3:30PM
4	P I D C	LINK ROAD	8:50AM	3:30PM
5	GARDEN	LINK ROAD	8:50AM	3:30PM
6	NAZIMABAD	LINK ROAD	8:50AM	3:30PM
7	LIAQUATABAB	LINK ROAD	8:50AM	3:30PM
8	GULLISTAN E JOHAR	LINK ROAD	8:50AM	3:30PM
9	BALDIA	LINK ROAD	8:50AM	3:30PM

Example of Shuttle Services – Bus Timetable

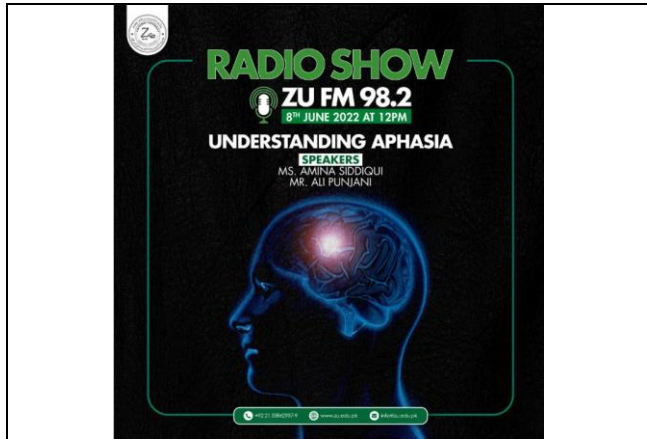


Example of Outside the campus (within a city) Shuttle Services' Route Map



• **Free Education & Information Support:**

Ziauddin University supports the student and community by providing information and awareness programs through radio shows, parental training series, awareness seminars, psychological and speech disorders screening etc. to fulfilled the no poverty sustainable goal.



Radio Show on Understanding of APHASIA

June is celebrated as Aphasia awareness month. Aphasia is a condition that affects your ability to communicate. It can affect your speech, as well as the way you write and understand both spoken and written language. Aphasia typically occurs suddenly after a stroke or a head injury. ZU FM 98.2 facilitated College of speech language and hearing sciences project of increasing awareness of Aphasia by hosting a show on the importance of identifying aphasia as early as possible. Types and symptoms of aphasia were discussed in detail as well as the causes of aphasia. It was also discussed how aphasia is different from Alzheimer’s and dementia.

Parental training Session on the topic of Early intervention of children with ASD

On 16th April 22, Ms. Asfia Naseem and Ms. Amna Bokhari shared their knowledge regarding how teamwork is important in assessing a child with ASD and the major players of this team are the parents and their observation regarding the child. A multidisciplinary team comes into action which has a psychologist, occupational therapist, Speech language therapist and at times neurologist. They all play a significant role in helping the child. The psychologist uses the DSM 5 to assess the child’s behavior and see if he/she meets the criteria of ASD. Two important criteria when assessing the child is his lack of social interaction and repetitive behavior which are the major red flags. The therapists also discussed what are the important assessments done by speech language therapists to suspect ASD and for giving out appropriate referrals.



Youth Club Session on Best Version of Yourself

Ziauddin college of speech language and hearing sciences in collaboration with the youth club organized a session for all students and faculty of Ziauddin on the topic of being the best version of yourself. President of Youth club, Mr. Raja Zia ul Haq, came to give the talk. He gave

Parental training Session on the topic of Early Intervention of Language Delay

On 19th February 2022, an interactive session highlighting the difference between language disorder and language delay, what are the red flags of language delay for parents to identify and start speech therapy



multiple examples of not only himself of his journey but also examples of different Prophets and their journey and how a person can learn from such stories and waqia's from Quran and try to improve herself/himself.

as soon as possible. Also highlighting Covid and its effects on kids' language.

Therapists also showed and told parents some activities that can be done with kids stimulating language.



Parental Training Series

Ziauddin University College of Speech Language and Hearing Sciences conducted live sessions on Facebook for the parents aged between 1 year to 12 years. Parent training series on different topics. Through this parent training series speech language Therapist educated the parents to understand their child behavior and interact with your child using different language therapist skills.



Radio Show-awareness of speech and language disorder

Ziauddin University College of Speech Language and Hearing Sciences hosted a radio show through Pakistan's biggest radio channels. On 10th August through ZU FM 98.2 and on 9th Dec, 2022 through FM 105. The awareness session was conducted by guest speakers Ms. Rabika Amanullah (SLT Consultant) from Dr. Ziauddin Hospital and Ms. Fatima Yousuf, Speech and language Therapist. The aim of this live session was to raise awareness of speech language disorders to all over Pakistan.